

MODULE 3 GRAMMAR: THEORY AND PRACTICE

Methodological recommendations for applicants for higher education

MINISTRY OF HEALTH OF UKRAINE NATIONAL UNIVERSITY OF PHARMACY

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The methodological recommendations provide materials aimed to help in studying and practicing grammar in accordance with the work program "The English Language" for applicants for higher education of medical and pharmaceutical universities at B2-C1 level. They contain theoretical information and tasks for practicing grammar of module 3.

The methodological recommendations are intended for in-class and individual work while studying grammar topics "Articles", "Prepositions", "Phrasal Verbs", and "Idioms". It can appear helpful for applicants for higher education of medical and pharmaceutical universities and teachers in their professional activities.

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PREFACE

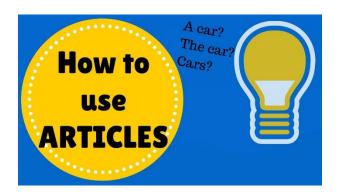
The methodological recommendations provide materials aimed to help in studying and practicing grammar in accordance with the work program "The English Language" for applicants for higher education of medical and pharmaceutical universities at B2-C1 level. They contain theoretical information and tasks for practicing grammar of module 3.

These recommendations are designed to help applicants for higher education of medical and pharmaceutical universities improve their grammar, vocabulary, writing and reading skills

The methodological recommendations are intended for in-class and individual work while studying grammar topics "Articles", "Prepositions", "Phrasal Verbs", and "Idioms". It can appear helpful for applicants for higher education of medical and pharmaceutical universities and teachers in their professional activities.

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ARTICLES



An article is a word that is used with a noun to specify grammatical definiteness of the noun. Articles are usually categorized as either definite (the) or indefinite (a /an).

There are lots of rules about the use of articles. Here we'll concentrate on 3 golden rules. Most mistakes with articles are made through breaking one of these rules.

- 1. When we say what people's jobs are, we use a/an
 - She's an architect.
 - He's **a** pharmacist.
 - My grandfather was a teacher.
- 2. Singular, countable nouns always have an article $-\mathbf{a}/\mathbf{a}\mathbf{n}$ or \mathbf{the} or another determiner (my, your, this, that etc.)

Remember that we use the indefinite article - $\mathbf{a}/\mathbf{a}\mathbf{n}$ - when we talk about something that is not definite.

- I saw **a** good film yesterday. (The listener doesn't know which film.)
- There's **a** man at the door. (We don't know who the man is.)
- Do you want a drink?(It's not a particular drink.)

 \dots and we use the definite article - **the** – when we talk about something more certain.

- I'm going to take **the** dog for a walk. (The dog is a pet it's not just any dog.)
- Have you seen the car key? (Speaker and listener know which car. It's not just any car.)
- They live in **the** house opposite ours. (There's only one house opposite. It's not any house.)
- 3. When we talk about things in general we usually use a plural noun or an uncountable noun with **no article**.
 - Birds eat worms. NOT The birds eat the worms.
 - Water flows downhill.
 - Kangaroos live in Australia.

BUT We went to **the** zoo and saw the kangaroos. (These are particular kangaroos – not kangaroos in general.)

PRACTISE YOUR GRAMMAR: ARTICLES

Task 1. Insert the definite or indefinite articles.

1.	Did you see man that I told you about?
2.	Did you get birthday card that I sent you?
3.	He is very good friend.
4.	We ate wonderful meal yesterday.
5.	meal that we ate yesterday was wonderful.
5.	I have test tomorrow morning.
7.	Which shirt do you like? blue one?
8.	I have three shirts - a yellow one, an orange one, and black one.
9.	You must always tell truth!

Task 2. Insert articles where necessary.

1. Can I have	coffee, please?	
2. Las Vegas is plac	ce where you can spend	lot of money.
3. Travelling to	Egypt is not ex	xpensive.
4. She was in	Britain for two w	eeks.
5. Sheila was offered _	job in	pharmacy.
6. Can you bring me _	glass of	water, please?
7. I'll see you in	morning.	
8. "Could you pass me	oranges?" - "I	Here you are".
9. "Would you like	cold drink?" "	I'd love one. I'm very thirsty".
10apple	day keeps	doctor away.
11. I'll be back	next week.	
12. Whatlo	vely day!	
13. "What's your job?"	"" I'mph	armacist".
14. Can you tell me	time, please?	
15It	alians are famous for th	eir pizza.
16Amazon	is the largest river in	world, although it is no
longest.		
17friend of m	ine is studying pharmac	y at University.
18lunch	will be served at one o'c	clock, so don't be late.
19. It's very importan	t thatyoung ea	tbalanced diet while they are
growing.		
20English t	alklot about	weather.
21. When I finish my s	tudies, I'm going to	United States foryear.
22. Brussels is	_capital of Belgium.	
23. Texas is famous fo	r oil and cowbo	VS.

ARTICLES IN GEOGRAPHICAL NAMES

We generally use either 'the' or 'no article' with geographical names in English. There isn't a lot of logic! We just need to learn if we need 'the' or 'no article' for each kind of place.

We use 'no article' with:

- Lakes: We visited Lake Geneva.
- Mountains: I saw Mount Fuji from the aeroplane.
- Continents: *She loves living in Asia*.
- Most countries: She travelled to Chile last year. (But: The USA / the United States, the Netherlands, the Philippines, the United Kingdom / the UK.)
- Counties, states, provinces, regions: *They live in California*.
- Cities, towns, villages: He stayed in Paris for a week last year.
- Islands: Bali is popular with Australian tourists.

We use 'the' with:

- Rivers: *The River Nile flows through Egypt*.
- Mountain ranges: We ski in the Alps every year.
- Deserts: *She travelled across the Sahara*.
- Oceans and seas: We sailed around the Mediterranean.
- Groups of islands: *They went to the Canary Islands*.

PRACTISE YOUR GRAMMAR: ARTICLES IN GEOGRAPHICAL NAMES

Task 1. Insert the definite article where appropriate.		
a)	United Kingdom	
b)	Germany	
c)	Kalahari Desert	

d) Carpathian Mountains
e) Mount Everest
f) European Union
g) Thames
h) Holland
i)Dnipro
j) USA
k) Isle of Man
l)Northern Africa
m)Indian Ocean
n) Baltic Sea
o) Middle East
p) Western Hemisphere
q)Sahara
r) Iberian Peninsula
s) Great Britain
t) English Channel
u)Niagara Falls
v) Mount Fuji
w) Himalayas
x)Oklahoma City
y)Philippines
z)Asia
Task 2. Insert the definite article where appropriate.
1. Several rivers run intosea at New Yorkmost important is
Hudson River which empties to Atlantic Ocean. Besides
Hudson there are two other rivers:East River and Harlem
River.
2Chicago is on Lake Michigan.
3 France is to north of Italy.

4	_Red Sea is betweenAfrica andAsia.
5I	Philippines are situated to southeast ofAsia.
6. Is	Canada largest country inAmerica?
7	Kazbek is highest peak of Caucasus.
8	Europe andAmerica are separated byAtlantic Ocean.
9	Nile flows acrossnortheastern part ofAfrica to
	_Mediterranean Sea.
10	Pacific Ocean is very deep.
11	United Kingdom consists ofGreat Britain andNorthern
Ireland.	
12 There	is a splendid view of Lake Geneva from this hotel

PREPOSITIONS



We commonly use prepositions to show a relationship in space or time or a logical relationship between two or more people, places or things. **A preposition** is a word used to link nouns, pronouns, or phrases to other words within a sentence. Prepositions are usually short words, and they are normally placed directly in front of nouns.

I study at the National University of Pharmacy.

I'll meet you on Friday evening.

He went to the University very early yesterday.

A preposition generally, but not always, goes before its noun or pronoun. One of the undying myths of English grammar is that you may not end a sentence with a preposition. But look at the first example that follows.

That is something I cannot agree with.

Who do you live with?

PREPOSITIONS OF TIME

A preposition of time is a preposition that allows you to discuss a specific time period such as a date on the calendar, one of the days of the week, or the actual time something takes place. Prepositions of time are the same words as prepositions of place, however they are used in a different way.

First of all, we use **AT** with specific times (hour / minutes):

- I get up **at** 7 am.
- My English class starts at 10 am.
- *She finishes work at* 6.15 pm.

Secondly, we use **AT** for a holiday period of two or more days:

- Do you normally get together with your relatives at Christmas?
- Did you eat a lot of chocolate at Easter?

Notice the use of the preposition of time **at** in the following standard expressions: *at night\ at midnight, at noon, at the weekend, at the same time, at present.*

We use **ON** for specific days, days of the week and dates:

- I will return to Kharkiv on Wednesday.
- My friends got married on Friday the 13th.
- I was with my friends on New Year's Eve.

We use **IN** for specific months, years, seasons, decades, centuries and lengths of time.

- My birthday is **in** January. (I don't mention the date, just the month)
- My grandmother was born in 1927.
- The river near my house is dry in Summer.
- The company was founded in the 19th century.
- We need to have this report ready in 15 minutes.

Notice the use of the prepositions of time **in** and **on** in these common expressions:in the morning, in the morning, in the afternoon, in the evening

BUT on Tuesday morning, on Saturday mornings, on Sunday afternoon, on Monday evening.

PAY ATTENTION! When we say last, next, every, this we do not use at, in, on.

- I went to Kiev last June. (not in last June)
- He's coming back next Tuesday. (not on next Tuesday)
- I go home every Easter. (not at every Easter)
- We'll call you this evening. (not in this evening)

AFTER / LATER

Use **after** + **phrase**, and use **later** alone (at the end of a sentence or phrase).

• I'll call you later.

I'll call you after I get home from work.

You can say "later + time period" to refer to an unspecified time in the future, for example:

- I'll finish the project later this week.
- We'll go on vacation later this year.

AGO / BEFORE

Use **ago** to talk about past times in reference to the current moment.

Use **before** to talk about past times in reference to another moment in the past.

- I graduated from the National University of Pharmacy 3 years **ago**.
- *I met my friend 2 weeks before I graduated.*

BY / UNTIL

Use **by** for one specific event that will happen before a certain time in the future. Use **until** for a continuous event that will continue and then stop at a certain time in the future.

- *Please send me the information* **by** *Monday.*
- He's staying in Kharkiv until the 30th.

DURING / WHILE

Both **during** and **while** mean that something happens at the same time as something else.

Use during + noun.

She was studying during the summer.

Use while + subject + verb, or while + gerund.

- She was worried **while** she was passing the exam.
- *She was worried while passing the exam.*

FROM... TO / TILL / UNTIL

We use **from** + **to** / **till** / **until** to define the beginning and end of a time period.

- The museum is open from 8 AM to 4 PM.
- Jack will be on vacation from tomorrow until next Friday.
- I studied English from 2001 till 2004.

FOR / SINCE

For is used for a period of time, and **since** is used to reference a specific point in time.

She's been working at the chemist's shop **for** months. six She's been working there since she graduated from college.

AS SOON AS / AS LONG AS

As soon as means "immediately after another event."

• We'll call you as soon as we arrive.

As long as means "for the period of time" or "on the condition that":

• I'll take the job as long as I have the freedom to work from home a few days a week.

PRACTISE YOUR GRAMMAR: PREPOSITIONS OF TIME

Task 1. Choose the correct option a, b or c.

- 1. I usually read the scientific journal _____ the morning.
 - a) on
 - b) at
 - c) in

a) in
b) on
c) during
3. The lesson starts 8:30 am.
a) on
b) for
c) at
4. We have lived in Kharkiv 2008.
a) since
b) for
c) on
5. The colleagues sometimes meet lunchtime.
a) at
b) on
c) for
6. All the family gets together Christmas day.
a) in
b) on
c) at
Task 2.Choose and underline the correct preposition.
1. Goodbye! See you (on/at) Friday.
2. Where were you (in/on) 28 February?
3. I got up (in/at) 8 o'clock this morning.
4. I like getting up early (on/in) the morning.

5. My sister got married (on / in) May.

2. She does not work ____ Sundays.

Task 4. Match the words from column A with ones from column B to make word combinations and translate them.

Column A	Column B
1. to study in	a) at Easter
2. to get up at	b) year
3. to go to church	c) the morning
4. to go to the University on	d) at midday
5. to finish school this	e) 7 am
6. to have lunch	f) important exam
7. to worry before	g) Wednesday evening

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Task 5. Find and correct the mistakes in the following sentences.

- 1. We have long holidays at summer.
- 2. Do we have Biology in Friday morning?
- 3. The lesson is on 8.30 am.
- 4. Where was he in the weekend?
- 5. Where is he on the moment?
- 6. Your teacher is not here at the present.
- 7. Students usually go home at New Year's Eve.
- 8. What do you usually do at the evening?

11. Wy have organic chemistry at Tuesday. 12. Will you be at home on this evening? 13. We had practice in the drugstore in last summer. 14. I will be back after ten minutes so wait for me. Task 6. Make up sentences using the following phrases. 1. To get together at Christmas 2. To study hard in the evening 3. To get up early in the morning 4. To go out at the weekends 5. Last summer holidays 6. Since last year 7. To go to the library on Friday afternoon

9. Do you get any presents at Christmas Day?

10.My friend was born on 1999.

8.	to do your English homework before the lesson

PREPOSITIONS OF PLACE

A preposition of place is a preposition, which is used to refer to a place where something or someone is located.

There are three frequently used prepositions of place **AT**, **ON** and **IN**; and they can be used to discuss an almost endless number of places.

The preposition **AT** is used in the following descriptions of place/position:

1. With specific places or points in space

I had a cup of coffee at Helen's (house/flat).

There's a man at the door.

I saw her standing **at** the bus stop.

Write your name at the top of each page.

2. With public places and shops

I studied German at college/school/university.

Shall I meet you **at** the station?

We bought some bread **at** the supermarket.

3. With exact addresses

They live at 70, Sumskaya Street.

4. With events and buildings where an event or activity takes place

I met her at last year's conference.

She is at the library with her friends.

Notice the use of the prepositions of place **at**, **in** and **on** in these *standard expressions*:

at	in	on
at home	in bed	on the floor
at work	in a taxi	on my face
at school	in a house	on the page
at university	in the picture	on the ceiling
at college	in a lift (elevator)	on the wall
at the top	in the newspaper	on the radio
at the bottom	in the sky	on television (on TV)
at the airport	in a row	on the left, on the right

The preposition \mathbf{ON} is used in the following descriptions of place/position:

1. With surfaces, or things that can be thought of as surfaces

The textbook is **on** my desk.

There was a beautiful painting on the wall.

This department is **on** the second floor.

Write down your full names on a piece of paper.

2. With roads/streets, or other things that can be thought of as a line, e.g. rivers It is the second turning on the left.

Ivan lives on Pushkinskaya Street.

The preposition **IN** is used in the following descriptions of place/position:

1. With geographical regions

Yaremche is a very small village in Ukraine.

2. With cities, towns and larger areas

Do you like living in Kharkiv?

They were having a picnic **in** the park.

3. With buildings/rooms and places that can be thought of as surrounding a person or object on all sides

Can you take a seat **in** the waiting room, please?

I have left my bag in the office.

4. With containers

There is fresh milk **in** the fridge.

I think I have a tissue **in** my pocket.

5. With liquids and other substances, to show what they contain

Do you take milk **in** your coffee?

There is a lot of fat **in** cheese and butter.

PRACTISE YOUR GRAMMAR: PREPOSITIONS OF PLACE

Task 1. Choose the correct option a, b or c. 1. Misha is sitting _____ the desk. a) at b) on c) in 2. The picture is hanging ______ the wall. a) in b) on c) at 3. People watch TV ______ the living room. a) at b) on c) in 4. We live ______ 51 Derevyanko Street. a) on b) at c) in 5. This group is _____ the lesson of chemistry now. a) in b) at c) on

6. He is the hospital, having a heart operation.
a) at
b) on
c) into
7. We met each other last year's conference.
a. in
b. at
c. on
8. There is no oil the fridge.
a) on
b) in
c) at
9. Manchester is a city Great Britain.
a) at
b) on
c) in
10. This department is the first floor.
a) in
b) on
c) at
Task 2. Choose and underline the correct preposition.

1. I always keep some extra money (at\in) my bag in case of emergencies.

2. I will read this scientific journal today (at\in) home.

3. Do you live (on\in) a house or an apartment?
4. Did you learn English (at\in) the USA?
5. She grew up (at\in) Kharkiv.
6. I read about this invention (on\in) the newspaper yesterday.
7. He went for a swim (at\in) the river
8. There are a lot of chemical tables (at\on) the walls in this classroom.
9. The information is (on\at) the top of the page.
10. Were you (at\in) the conference too?
Task 3. Fill in the gaps using the correct preposition and translate the sentences
1. Did you learn German school?
2. He was not college last week.
3. Bogdan studies the National University of Pharmacy.
4. I live 12 Darvin Street.
5. Are children still bed?
6. I have found this information this book.
7. Our friends met us the door.
8. Are you the department right now?
9. The head of the department was work when I called.
10. There were no cloudsthe sky.
11. I am very busy now. Could you call me back an hour?
12. Are you the chemist's shop now?

Task 4. Match the words from column A with ones from column B to make word combinations and make up sentences with them.

Column A	Column B
1. to be at	a) at university
2. to study	b) of the page
3. at the top	c) the conference
4. to live	d) at 10, Sumskaya Street
5. on the second	e) village in Ukraine
6. a very small	f) floor

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5		 	
6			

Task 5. Find and correct the mistakes in the following sentences

- 1. My apartment is at the third floor.
- 2. My friend lives on 27, Pushkinskaya Street.
- 3. This city is not at the USA.
- 4. The fifth door is in the left.
- 5. That laboratory was on the basement.
- 6. My family used to live at the small village.
- 7. Do you think it is a good idea to ban smoking on public places?

- 8. My house is on the end of the street.
- 9. I saw this interesting scientific programme in TV yesterday.
- 10. There is some vegetables at the fridge.

PHRASAL VERBS



A phrasal verb is a combination of a verb and preposition, a verb and an adverb, or a verb with both an adverb and a preposition. A phrasal verb has a meaning, which is different from the original verb. That is what makes them confusing. You may need to try to guess the meaning from the context, or, failing that, look it up in a dictionary. The adverbs or prepositions, that follows the verb, are sometimes called particles. The particle changes the meaning of the phrasal verb in idiomatic ways.

PHRASAL VERBS	THE MEANING
1. to look after	to take care of or be in charge of
	someone or something
2. to grow up	to become an adult
3. to look for	to try to notice\ find someone or
	something

to feel pleased and excited about
something that is going to happen
to check a word\ phrase in a dictionary
to discover, especially where a thing or
person is, either unexpectedly or by
searching, or to discover where to get
or how to achieve something
to leave a train, bus, or aircraft
to go onto a bus, train, aircraft, or boat
to speak more loudly
to wait
become better after being ill, recover
from being sick
to faint, lose consciousness
to remove something that you do not
want any longer
to understand\ find the answer
to take somebody on a tour
of a place
to relax
to make a machine or equipment work
to stop a machine or equipment
working
to meet or find somebody\something
by chance
,

PRACTISE YOUR GRAMMAR: PHRASAL VERBS

Task 1. Fill in the missing letters and translate the words

1.	cm acos	
2.	fn ot	
3.	l_ok f_r_a_d t_	
4.	go u	
5.	spa p	
6.	gt	
7.	c l do n	

Task 2. Match the words from column A with ones from column B to make a word combination and translate it

Column A	Column B
8. to look	h) out the truth
9. to look up	i) off the light
10.to find	j) up in a big city
11.to get	k) after children
12.to switch	1) an unknown word
13.to grow	m) of old copybooks
14.to get rid	n) over a serious illness

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7.	
k	3. Fill in the gaps using the words from the box and translate the senten
	wake up show around get over get rid
	get on passed out
ı	
1.	When he can the flu, he'll go back to work.
2.	The room was so hot and stuffy that he
3.	You'll need a prescription-strength ointment to of that rash.
4.	My friends me in New York
5.	I often early in the morning, when I have the first double period.
6.	To get to the National University of Pharmacy you should the
	263.
	Task 4. Translate the following sentences into Ukrainian
	9. Why are you still worried? You need to calm down before you go to
	an exam.
	an exam.
	10.I was trying to figure out an escape from this situation all ever
	yesterday.
	11.My friend used to wake up very early when he studied at university.

1	2.If	you do not kı	now tl	nis word, y	ou mus	t look it	up in a dictiona	ry.
1	3.A		•	ook forwar			nmer holidays.	
1		ot over the illr	iess a		e's feeli	ng reall		st week she
1							for? Perhaps I ca	ın help you
1			e lect	cure of an	outstan	ding sci	ientist last week try.	and found
ask 5.	- . Ch	oose the corre	ect op	tion a, b or	r c			
1	l.	I look	r	ny little sis	ster on S	Sundays	s.	
a	ı)	in	b)	after	C	e) back		
2	2.	While I wa	ıs rea	ding a sc	eientific	journa	l, I came	very
nterest	ting a	article.						
a	ı)	about	b)	across		c)	up	
3	3.	Switch		the lamp. I	Electric	ity cost	s a lot.	
a	ı)	out	b)	off		c) on		

	4.	Some girls	grow _	f	aster tha	n boys.
	a)	up	b)	along	c)	on
	5.	Be sure to	get	the	right bu	s to get to the hospital.
	a)	in	b)	on	c)	to
found	6. I them.		ing	my	keys al	ll evening yesterday and I finally
	a)	for	b)	after	c)	at
	7.	He's lookii	ng	his v	vinter ho	olidays.
	a)	forward to	b)	towards	c)	forward
	8.	I can't hear	r you. (Can you sp	eak	a bit?
	a)	in	b)	up	c)	on
they 1	9. mean.	I'm lookin	g these	words	i	n a dictionary. I don't know what
	a)	through	b)	up	c)	after
	10.	They got _		_ the bus a	and walk	ted away.
	a)	on	b)	out	c)	off
	11.	How did yo	ou finc	d :	about th	e changes in the schedule?
	a)	on	b)	out	c)	off
	12. C	an you hold	8	n minute, p	leaase?	
	a)	on	b)	out	c)	off

IDIOMS



An idiom is a group of words in a fixed order that have a particular meaning that is different from the meanings of each word on its own.

English idioms, proverbs, and expressions are an important part of everyday English. They come up all the time in both written and spoken English. Because idioms don't always make sense literally, you'll need to familiarize yourself with the meaning and usage of each idiom. That may seem like a lot of work, but learning idioms is fun, especially when you compare English idioms to the idioms in your own language.

Learning to use common idioms and expressions will make your English sound more native, so it's a good idea to master some of these expressions. The table below gives common medical, health and pharmaceutical idioms.

MEDICAL, HEALTH AND PHARMACEUTICAL IDIOMS

IDIOM	MEANING	EXAMPLE
alive and kicking	to be well and healthy	My aunt is ninety years old and she is very much alive and kicking.
alive and well	to be well and healthy	The worker was alive and well after the accident.
as fit as a fiddle	to be healthy and physically fit	My grandfather is ninety years old but he is as fit as a fiddle.
as pale as a ghost	extremely pale	My grandfather was as pale as a ghost when he entered the hospital.

as pale as death	extremely pale	The woman in the hospital waiting room was as pale as death.	
at death's door	very near death	The sales manager was at death's door after his heart attack	
back on one's feet	physically healthy again	My mother is back on her feet after being sick for two weeks.	
bitter pill to swallow	an unpleasant fact that one must accept	Losing the election was a bitter pill to swallow for the candidate	
black-and-blue	bruised, showing signs of having been physically harmed having signs of having been physically harmed harme		
black out	to lose consciousness, to faint, to pass out	The football player blacked out after being hit by the other player.	
break down	to lose control of one's emotions, to have a nervous collapse	The woman broke down while the lawyer questioned her at the trial.	
break out in a cold sweat	to perspire from fever or anxiety	I usually break out in a cold sweat when I have to make a speech.	
break out in (something)	to begin showing a rash or other skin disorder	I broke out in a rash after eating the shrimp at the restaurant.	
breathe one's last	to die	The man breathed his last after a long illness.	
bring (someone) around	to restore someone to health or consciousness, to cure someone	The medical workers were able to bring the man around after the accident.	
to restore someone to consciousness after anesthesia/hypnosis/fain		We tried hard to bring the woman to after the car accident.	

bundle of nerves	a very nervous or anxious person	The woman is a bundle of nerves after looking after her three children.
burn (oneself) out	to become very tired and almost sick from doing something for a long time or from working too hard	After working long hours for many months the woman finally burned herself out.
catch a cold	to get a cold	I caught a cold last week and had to miss four days of work.
catch one's death of cold	to become very ill (with a cold/flu etc.)	The little boy was told to be careful in the rain or he would catch his death of cold.
check-up	an examination of a patient by a doctor	I plan to have my annual check-up next week.
clean bill of health	a report or certificate that a person or animal is healthy	My doctor gave me a clean bill of health when I visited him last month.
come down with (something)	to become sick with something, to catch an illness	My niece came down with a cold and was unable to visit me last week.
couch doctor	a psychoanalyst or psychiatrist who puts his patients on a couch to talk to them	The man was sent to see a couch doctor because of his many problems.
die a natural death	to die by disease or of old age and not by an accident or by violence	My grandfather was very old and he died a natural death.
a dose of one's own medicine	the same treatment that one gives to others (usually this has a negative meaning)	We gave the boy a dose of his own medicine after he bullied us.
to make someone bleed, to get blood from someone		The doctor decided to draw blood from the patient in order to check his blood sugar level.

drop dead	to die suddenly	The bus driver dropped dead while driving the bus.
fall ill	to become sick or ill	The man fell ill last winter and has not recovered yet
feel fit	to feel well and healthy	I feel fit so I plan to go for a long walk this weekend.
feel on top of the world	to feel very healthy	I have been feeling on top of the world since I quit my job.
fill a prescription	to get some medicine from a pharmacy (drug store) with the orders from a doctor	The man went to the drug store to fill a prescription.
flare up	to begin again suddenly (an illness or a disease)	My mother's skin problem flared up when she started to use the new hand soap
a flare-up	a sudden worsening of a health condition	There was a flare-up of my father's sickness last week.
get a black eye	to get a bruise or darkened eye after being hit or after bumping into something	The boy got a black eye when he fell in the playground.
get a charley horse	to develop a cramp in the arm or the leg	The swimmer got a charley horse while he was swimming.
get a checkup	to receive a physical examination from a doctor	I go to the doctor every year to get a checkup.
get over (something)	to overcome a difficulty, to recover from an illness or shock	The woman is having trouble getting over her father`s death.
get sick	to become ill	I got sick yesterday and did not go to the movie.
get (something) out of one's system	to get rid of the desire to do something	I went on a short holiday so that I could get travelling out of my system .

get well	to become well, to become healthy again	The boy was sick but now he is getting well .
give birth	to have a baby	The woman gave birth to a baby boy last night.
go under the knife	to have an operation in surgery	The woman went under the knife at the hospital last evening.
green around the gills	to look sick	My colleague was looking a little green around the gills when he came to work today.
hang out one's shingle	to open an office or business - especially in a profession	The doctor decided to hang out his shingle as soon as he finished medical school.
have a physical (examination)	to get a medical check-up	Our company sent all the employees to have a physical last week.
have foot-in-mouth disease	to embarrass oneself through a silly mistake	The man has foot-in-mouth disease and is always saying stupid things.
have one foot in the grave	to be near death (usually because of old age or illness)	My uncle is very sick and has one foot in the grave.
head shrinker	a psychiatrist	The man went to see a head shrinker after his recent problems at work.
in a family way	pregnant, going to have a baby	Our new secretary is in a family way and plans to stop working soon.
in good shape/condition	in good physical condition, functioning or working well	My grandfather is in very good shape.
in labor	a woman going through childbirth	The woman was in labor for three hours.
in remission	a disease that seems to be getting better	The cancer of my neighbor's mother has been in remission for several months.

in surgery	undergoing surgery, doing surgery	The patient was in surgery for several hours this morning.		
in the best of health	very healthy	My father has been in the best of health for many years.		
in the pink	in very good health	My grandmother is in the pink and is doing very well.		
just what the doctor ordered	exactly what is needed or wanted	A nice hot bath was just what the doctor ordered after my long day at work.		
kick a habit	to break or stop a bad habit	The man used to smoke but he was able to kick the habit.		
kink in one's neck	a cramp in one's neck that causes pain	I woke up this morning with a kink in my neck.		
lapse into a coma	to go into a coma	The woman lapsed into a coma soon after the accident.		
look the picture of health	to be in good health, to look very healthy	My uncle looked the picture of health when I saw him last week.		
nothing but skin and bones	to be very thin or emaciated	The young man was nothing but skin and bones when he returned from the long camping trip.		
nurse (someone) back to health	to give someone care to restore him or her to good health	My mother spent several weeks with my grandmother trying to nurse her back to health.		
on medication	taking medicine for a current medical problem	The woman has been on medication for many years.		
on the mend	becoming better, becoming well, healing	My grandfather is on the mend after he broke his leg last week.		

an ounce of prevention is worth a pound of cure	it is easier to prevent something bad than to deal with the results	An ounce of prevention is worth a pound of cure and I decided to stay home and rest rather than go out in the cold with my sore throat.
out cold	unconscious, to have fainted	The patient was out cold because of the anesthesia when he entered the operating room.
out of condition	not in good physical condition	I am out of condition and I need to exercise more.
out of shape	not in good physical condition	My mother is out of shape and cannot walk for a long distance.
out of sorts	not feeling well, in a bad mood	Our boss is out of sorts today so you should wait until tomorrow to speak to him.
over the worst	recovering from an illness	The man is over the worst since his skiing accident last month.
pale around the gills	to look sick	My colleague was looking a little pale around the gills when he came to work today.
pass away	to die	The man's father passed away when he was 96 years old.
pass on	to die	My grandmother passed on when she was 92 years old.
pass out	to faint	Three teenage girls passed out at the rock concert.
pick up a cold/influenza	to acquire an illness	The boy picked up a cold during the weekend.

picture of health	a perfect example of health	The man is feeling very well and is the picture of health.
pull through	to recover from a serious illness	The car accident was very bad and I do not think that the driver will pull through.
refill a prescription	to sell a second set of medicine on a doctor's orders	I went to the pharmacy to refill a prescription for my mother.
rub salt in (someone's) wound	to deliberately make someone's unhappiness or shame or misfortune worse	My supervisor rubbed salt in my wound when he continued to criticize me for my mistake.
run a fever/temperature	to have a higher than normal body temperature	The girl has been running a fever this week.
run down	to be in poor condition	My father worked very hard last month and now he is run down.
run in the family	to be a common family characteristic	The serious illness runs in the family of my friend.
run some tests	to do some medical tests on a patient	The doctor decided to run some tests on the patient.
show signs of an illness	to show indications or hints of an illness	The man was beginning to show signs of some kind of illness.
sick in bed	to remain in bed while you are sick	My father was sick in bed for three days last week.
spit up (something)	to throw something up, to vomit something	The dog spit up the button that he had swallowed.
splitting headache	a severe headache	I have been suffering from a splitting headache all morning.
susceptable to (something)	to easily get some kind of illness, to likely to become sick with something	The young boy is very susceptable to getting a sore throat.

take a sick day	to be absent from work and still receive pay	I did not feel well yesterday so I decided to take a sick day.
take a turn for the better	to begin to improve or get well	The medical condition of my uncle has recently taken a turn for the better.
take a turn for the worse	to become sicker	My aunt took a turn for the worse last week and she is now in the hospital.
take one's medicine	to swallow one's medicine	The boy had to take his medicine before he went to bed.
take sick	to become ill	The little boy took sick early last night.
take (someone's) pulse	to measure the beats of a person's pulse	The doctor took the patient's pulse when she arrived at the hospital.
take (someone's) temperature	to measure someone's body temperature	The nurse took my temperature when I went to the hospital yesterday.
a taste of one's own medicine	the same treatment that one gives to others (usually this has a negative meaning)	Our boss got a taste of his own medicine when people began to treat him badly like he treats others.
throw up	to vomit	The woman threw up after eating the bad shellfish.
under the weather	not feeling well	My boss has been under the weather all week and has not come to work during that time.
up and about	healthy and moving around, not sick in bed	My uncle has been up and about for a couple of days since he left the hospital.

PRACTISE YOUR GRAMMAR: IDIOMS

Task 1. Compare English idioms given in the table above to the idioms in your own language.

Task2. Choose an idiom to replace the expression in the brackets.

- 1. When we arrived at the scene of the car accident the driver was (near death).
 - A. hanging out his shingle
 - B. drawing blood
 - C. at death's door
 - D. going under the knife
- 2. After walking home in the rain I (became sick) with a cold.
 - A. broke out
 - B. came down
 - C. took a turn for the worse
 - D. blacked out
- 3. My father is (healthy again) after his recent illness.
 - A. back on his feet
 - B. under the weather
 - C. breathing his last
 - D. having a physical
- 4. Our secretary has been working very hard and is (getting into poor condition).
 - A. over the worst
 - B. getting a splitting headache
 - C. back on her feet
 - D. becoming run down

- 5. Although the man is very sick I think that he will (recover). A. run a temperature B. throw up C. pull through D. flare up 6. I went to the doctor last week and (got a medical check-up). A. ran a temperature B. had a physical C. felt on top of the world D. went under the knife 7. After eating the seafood at the small restaurant the man began to (vomit). A. throw up B. pull through C. flare up D. break out 8. The man was forced to (go to a psychiatrist) after he began to act crazy at work. A. go to a head shrinker B. go under the knife C. breathe his last D. pull through
 - 9. The trainer was able to (restore the boxer to consciousness) after he fainted and fell to the floor.
 - A. throw the boxer up
 - B. pull the boxer through
 - C. bring the boxer to
 - D. black the boxer out
 - 10. Last night my grandmother (became sicker).
 - A. went under the knife
 - B. felt on top of the world
 - C. breathed her last
 - D. took a turn for the worse

Task 3. Match the idioms from column A with their meanings from column B.

Column A	Column B	
1. alive and kicking	a)an unpleasant fact that one must	
	accept	
2. back on one's feet	b) a sudden worsening of a health	
	condition	
3. bitter pill to swallow	c) to look sick	
4. a flare-up	d)to embarrass oneself through a silly	
	mistake	
5. get a checkup	e)exactly what is needed or wanted	
6. green around the gills	f)to be well and healthy	
7. have foot-in-mouth disease	g)it is easier to prevent something bad	
	than to deal with the results	
8. just what the doctor ordered	h)to receive a physical examination	
	from a doctor	
9. on medication	i)physically healthy again	
10. an ounce of prevention is worth a	j)taking medicine for a current medical	
pound of cure	problem	

Task 4. Fill in the gaps using the idioms from the box and translate the sentences.

as fit as a fiddle	out cold	passed out	run some tests
picture of health	a splitting headache		out of shape
out of sorts	refill a prescription		to take a sick day

1.	The patient was	_because of	the	anesthesia	when	he	entered
	the operating room.						

2. My mother is _____and cannot walk for a long distance.

3. Our boss is	_today so you should wait until tomorrow to
speak to him.	
4. Three teenage girls	at the rock concert.
5. The man is feeling very well an	d is the
6. I went to the pharmacy to	for my mother.
7. The doctor decided to	on the patient.
8. I have been suffering from	all morning.
9. I did not feel well yesterday so	I decided
10.My grandfather is ninety years	old but he is

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Методичні рекомендації містять теоретичні та практичні матеріали з граматики модуля 3 відповідно до робочої програми «Англійська мова» для здобувачів вищої освіти медичних та фармацевтичних ВНЗ на рівень В2-С1. Видання містить теоретичну інформацію з граматичних тем «Артиклі», «Прийменники», «Фразові дієслова», «Ідіоми». Для кращого засвоєння та відпрацювання теорії пропонуються граматичні вправи.

Видання призначено для аудиторної та самостійної роботи здобувачів вищої освіти фармацевтичного напрямку під час вивчення дисципліни «Англійська мова».

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