

PSORIASIS AND ITS PROBABLE CAUSES

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Psoriasis is a skin disease characterized by the formation of reddish spots and patches covered with silvery scales: tends to run in families.

Psoriasis comes to the front in the practical dermatology. The considerable prevalence, chronic disease with short periods of a remission, absence of a common scientifically based etiopathogenetic therapy determines extremely urgency and importance of the psoriasis problem.

Unfortunately, today psoriasis is not just a complex disease; it's a life-long condition that has its causes and initiating agents (procatarxis) that affect the severity of the psoriatic disease. Today in Ukraine among the major problems that lead to a lack of medical and social care for the patients with psoriasis, we can select the absence of a representative statistics of the dermatosis causes.

The aim of our study was the investigation and analysis the causes of the psoriasis disease among outpatients with using of the social survey method.

80 respondents have been interviewed. There were 60 percents of women and 40 percents of men among them. During the research it has been determined that psoriasis began for the majority of patients (57%) at the age of 18 years (58% of girls and 51% of young men); 98% of the respondents "got acquainted" with the dermatosis at the age of 40, notably in the most active age. It confirms the social significance of the diseases.

We have analyzed the causes of the disease. It was found that for the majority of the patients the cause of the psoriasis had become nervous and mental stress – for 41.67% of the respondents. Among the other reasons they indicated heredity – 22.06%, provoking diseases (pseudoinfluenza, flu, measles) – 12.26%, the damage of the skin – 5.88%, bad habits (alcohol, smoking) – 4.41%, the birth of a child – 6.3% of women, drugs (antibiotics, hormones, NSAIDs) – 2.94%. About 7% of the patients could not specify the cause.

Thus it was established that, using only pathogenetically-symptomatic treatment without etiological factors wasn't possible to cure psoriasis. That is why we consider the regular monitoring of the psoriasis' causes and establishment of a representative statistic as an important aspect of the problem solving.