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## Матеріали

*II Науково-практичної Internet-конференції  
з міжнародною участю*

# ФАРМАЦЕВТИЧНІ ТЕХНОЛОГІЇ, СТАНДАРТИЗАЦІЯ ТА ЗАБЕЗПЕЧЕННЯ ЯКОСТІ ЛІКАРСЬКИХ ЗАСОБІВ

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## HOMEOPATHIC REMEDY FOR STRESS REDUCTION

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**Introduction.** Homeopathy is a therapeutic method which is using highly diluted substances, developed by S. Hahnemann at the end of the 18<sup>th</sup> century and still found not only in the post-Soviet countries, but also in many other countries [3]. Homeopathy is extremely popular for the treatment of acute respiratory infections, bronchitis, migraine, depression and other diseases, including cancer [1,2,3,4].

**Materials and methods.** Content analysis of available sources of popular and scientific medicine, online trading platforms, distributor websites.

**Results and their discussion.** *Schlusser's* salts № 2 (composition: *Calcium phosphoricum* D6) are prescribed to children for psychological stress, school stress, hyperactivity, growth problems; *Schlusser's* salts № 5 (composition *Kalium phosphoricum* D6) are used to treat conditions of general weakness, mental, emotional and physical exhaustion, as a supportive treatment for insomnia, irritability, depression. The complex homeopathic medicine *Ignata 200/Cactus 50 50* (composition: *Ignatia amara* 200; *Cactus grandiflorus* 50) is prescribed for heart pain, neuroses, as a sedative. *Homeo-kid* (composition: *Cina* 200CH, *Chamomilla* 200CH, *Agaricus muscarius* 200CH) normalizes the state of the central nervous system has a mild sedative effect, relieves tension, improves sleep, reduces emotional lability; normalizes blood supply to the brain, improves brain tissue trophism; helps eliminate the consequences of perinatal encephalopathy. *Asthenia-gran* (composition: *Acidum phosphoricum* 200CH, *Kalium phosphoricum* 200CH, *China* 200CHO) normalizes neuroendocrine effects on the cardiovascular system, ensures sufficient blood supply and adequate functioning of the central nervous system, normalizes vascular tone, improves microcirculation in tissues and their tropism.

**Conclusions.** Domestic homeopathic remedies are quite diverse and exhibit multi-vector activity in relation to stress states.

### REFERENCES:

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